

**DATES** 26 August - 31 August 2018

**VENUE** KRANJ, outdoor and indoor swimming pools with 4 fields - 2 outside, 2 inside.

START OF

COMPETITIONS Each day at 9:00.

**TRAINING POSSIBILITIES** 25 August 2018, additional if necessary

Please contact <u>info@emc2018.com</u> for reservations.

**TECHNICAL MEETING** 25 August 2018 at 18:00 in the Marshalling area (next to the outdoor swimming pool).

At least one member of the team should be present and all of the passports must be brought otherwise team will be fined with

a penalty of 100 EUR.

**ACCOMMODATION** We advise all water polo teams to stay close to the swimming pools complex in <u>KRANJ</u>.

To book your stay please contact us on <a href="mailto:accommodation@emc2018.com">accommodation@emc2018.com</a>

| Day 1                            | Day 2                           | Day 3                          |
|----------------------------------|---------------------------------|--------------------------------|
| Sunday, 26 August 2018 – 9:00    | Monday, 27 August 2018 – 9:00   | Tuesday, 28 August 2018 – 9:00 |
| Day 4                            | Day 5                           | Day 6                          |
| Wednesday, 29 August 2018 – 9:00 | Thursday, 30 August 2018 – 9:00 | Friday, 31 August 2018 – 9:00  |



**DATES** 2 September - 7 September 2018

**VENUE** KRANJ, outdoor and indoor swimming pools.

START OF

COMPETITIONS Each day at 8:00.

**TRAINING POSSIBILITIES** From 8:00 to 20:00 two days before the competition and

From 6:30 to 7:45 during the competition.

If necessary also in RADOVLJICA every day from 9:30 to 17:30. Shuttle buses will be organized.

**TECHNICAL MEETING** For all officials, 1 September at 17:00 in the Marshalling area (next to the outdoor swimming pool).

**ACCOMMODATION** We advise attendees to stay in <u>KRANJ</u> or <u>BLED</u> as the hosts cities with wide variety of additional

programme for swimmers.

To book your stay please contact us on <a href="mailto:accommodation@emc2018.com">accommodation@emc2018.com</a>

# **SWIMMING PROGRAMME (KRANJ – OUTDOOR POOL)**

| Day 1 (Day 1 in Swimming)   | Day 2 (Day 2 in Swimming)                             |
|---|---|
| Sunday, 2 Sept. 2018 – 8:00   | Monday, 3 Sept. 2018 – 8:00                           |
| 01) 800m Freestyle Men  | 05) 200m Freestyle Women<br>06) 200m Freestyle Men    |
| 02) 800m Freestyle Women  | 07) 50m Breaststroke Women                            |
| 03) 4x50m Medley Men  | 08) 50m Breaststroke Men                              |
| 04) 4x50m Medley Women  | 09) 100m Butterfly Women                              |
|   | 10) 100m Butterfly Men                                |
| Day 3 (Day 3 in Swimming)   | Day 4 (Day 4 in Swimming)                             |
| Tuesday, 4 Sept. 2018 – 8:00  | Wednesday, 5 Sept. 2018 – 8:00                        |
| <ul><li>11) 200m Breaststroke Women</li><li>12) 200m Breaststroke Men</li><li>13) 50m Freestyle Women</li></ul> | 18) 200m Ind. Medley Women<br>19) 200m Ind Medley Men |
| 14) 50m Freestyle Men<br>15) 100m Backstroke Women  | 20) 400m Freestyle Women 21) 400m Freestyle Men       |
| 16) 100m Backstroke Men   | 22) 4x50m Freestyle Women                             |
| 17) 4x50m Medley Mixed  | 23) 4x50m Freestyle Men                               |
| Day 5 (Day 5 in Swimming)   | Day 6 (Day 6 in Swimming)                             |
| Thursday, 6 Sept. 2018 – 8:00   | Friday 7 Sept. 2018 – 8:00                            |
| 24) 200m Backstroke Women   | 31) 200m Butterfly Women                              |
| 25) 200m Backstroke Men   | 32) 200m Butterfly Men                                |
| 26) 50m Butterfly Women   | 33) 50m Backstroke Women                              |
| 27) 50m Butterfly Men   | 34) 50m Backstroke Men                                |
| 28) 100m Freestyle Women  | 35) 100m Breaststroke Women                           |
| 29) 100m Freestyle Men  | 36) 100m Breaststroke Men                             |
| 30) 4x50m Medley Mixed  |   |

# STANDARD TIMES SWIMMING - MEN

| AG    |         |         | FREE    |         |         |         | ВАСК    | *       |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|
|       | 50      | 100     | 200     | 400     | 800     | 50      | 100     | 200     |
| 25-29 | 00:27,8 | 01:06,8 | 02:20,0 | 05:10,0 | 10:45,0 | 00:33,5 | 01:13,7 | 02:40,0 |
| 30-34 | 00:28,3 | 01:07,5 | 02:22,5 | 05:15,0 | 11:00,0 | 00:34,0 | 01:15,0 | 02:42,5 |
| 35-39 | 00:29,5 | 01:10,0 | 02:25,0 | 05:22,5 | 11:30,0 | 00:35,5 | 01:17,5 | 02:45,0 |
| 40-44 | 00:30,7 | 01:12,5 | 02:30,0 | 05:30,0 | 12:00,0 | 00:37,0 | 01:20,0 | 02:52,5 |
| 45-49 | 00:32,5 | 01:17,5 | 02:37,5 | 05:45,0 | 12:30,0 | 00:38,5 | 01:25,0 | 03:00,0 |
| 50-54 | 00:33,7 | 01:20,0 | 02:45,0 | 06:00,0 | 13:00,0 | 00:40,0 | 01:30,0 | 03:10,0 |
| 55-59 | 00:35,0 | 01:25,0 | 02:52,5 | 06:15,0 | 13:30,0 | 00:42,5 | 01:35,0 | 03:20,0 |
| 60-64 | 00:37,5 | 01:30,0 | 03:00,0 | 06:30,0 | 14:30,0 | 00:45,0 | 01:40,0 | 03:30,0 |
| 65-69 | 00:40,0 | 01:35,0 | 03:15,0 | 07:00,0 | 15:30,0 | 00:50,0 | 01:50,0 | 03:45,0 |
| 70-74 | 00:42,5 | 01:40,0 | 03:30,0 | 07:45,0 | 16:00,0 | 00:55,0 | 02:00,0 | 04:00,0 |
| 75-79 | 00:45,0 | 01:45,0 | 03:45,0 | 08:15,0 | 17:00,0 | 01:00,0 | 02:15,0 | 04:15,0 |
| 80-84 | 00:50,0 | 01:50,0 | 04:00,0 | 09:00,0 | 18:00,0 | 01:05,0 | 02:22,5 | 04:45,0 |
| 85-89 | 00:55,0 | 01:57,5 | 04:30,0 | 09:45,0 | 20:00,0 | 01:10,0 | 02:30,0 | 05:15,0 |
| 90-94 | -,-     |         |         |         |         |         |         |         |
| 95-99 | 7.7     |         |         |         |         |         |         |         |
| 100+  |         |         |         |         |         |         |         |         |

| AG    | 20,     | BREAST  |         | 20      | FLY     |         | (4 )X     |
|-------|---------|---------|---------|---------|---------|---------|-----------|
| AU    | 50      | 100     | 200     | 50      | 100     | 200     | 200 I. M. |
| 25-29 | 00:35,0 | 01:20,0 | 02:55,0 | 00:31,0 | 01:13,7 | 02:40,0 | 02:45,0   |
| 30-34 | 00:36,0 | 01:22,5 | 03:00,0 | 00:32,5 | 01:15,0 | 02:45,0 | 02:50,0   |
| 35-39 | 00:37,5 | 01:25,0 | 03:05,0 | 00:33,7 | 01:17,5 | 02:52,5 | 03:00,0   |
| 40-44 | 00:38,8 | 01:27,5 | 03:10,0 | 00:35,0 | 01:20,0 | 03:00,0 | 03:10,0   |
| 45-49 | 00:40,0 | 01:30,0 | 03:20,0 | 00:37,5 | 01:22,5 | 03:10,0 | 03:20,0   |
| 50-54 | 00:42,5 | 01:35,0 | 03:30,0 | 00:40,0 | 01:25,0 | 03:20,0 | 03:30,0   |
| 55-59 | 00:45,0 | 01:40,0 | 03:45,0 | 00:42,5 | 01:30,0 | 03:35,0 | 03:50,0   |
| 60-64 | 00:50,0 | 01:50,0 | 04:00,0 | 00:45,0 | 01:40,0 | 03:50,0 | 04:05,0   |
| 65-69 | 00:55,0 | 02:00,0 | 04:15,0 | 00:50,0 | 01:50,0 | 04:00,0 | 04:20,0   |
| 70-74 | 01:00,0 | 02:10,0 | 04:30,0 | 00:55,0 | 02:05,0 | 04:30,0 | 04:35,0   |
| 75-79 | 01:05,0 | 02:20,0 | 05:00,0 | 01:02,5 | 02:20,0 | 05:00,0 | 04:55,0   |
| 80-84 | 01:10,0 | 02:30,0 | 05:30,0 | 01:10,0 | 02:35,0 | 05:30,0 | 05:20,0   |
| 85-89 | 01:17,5 | 02:45,0 | 06:00,0 | 01:17,5 | 02:45,0 | 06:00,0 | 05:45,0   |
| 90-94 | -,-     |         |         | -,-     |         |         |           |
| 95-99 | -,-     |         |         | -,-     |         |         |           |
| 100+  | 7.77    |         |         | 7.7%    |         |         |           |

# STANDARD TIMES SWIMMING - WOMEN

|       |         |         | FREE    |         |         |         | BACK    |         |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|
|       | 50      | 100     | 200     | 400     | 800     | 50      | 100     | 200     |
| 25-29 | 00:31,8 | 01:17,5 | 02:40,0 | 06:25,0 | 13:15,0 | 00:37,5 | 01:22,5 | 02:55,0 |
| 30-34 | 00:32,5 | 01:20,0 | 02:47,5 | 06:35,0 | 13:30,0 | 00:38,8 | 01:25,0 | 03:00,0 |
| 35-39 | 00:33,7 | 01:22,5 | 02:52,5 | 06:45,0 | 14:00,0 | 00:40,0 | 01:30,0 | 03:10,0 |
| 40-44 | 00:35,0 | 01:25,0 | 03:00,0 | 07:00,0 | 14:30,0 | 00:42,5 | 01:35,0 | 03:20,0 |
| 45-49 | 00:37,5 | 01:27,5 | 03:07,5 | 07:15,0 | 15:00,0 | 00:45,0 | 01:40,0 | 03:30,0 |
| 50-54 | 00:40,0 | 01:32,5 | 03:20,0 | 07:30,0 | 15:30,0 | 00:50,0 | 01:50,0 | 03:45,0 |
| 55-59 | 00:42,5 | 01:37,5 | 03:35,0 | 07:45,0 | 16:00,0 | 00:55,0 | 02:00,0 | 04:10,0 |
| 60-64 | 00:45,0 | 01:47,5 | 03:45,0 | 08:00,0 | 17:00,0 | 01:00,0 | 02:10,0 | 04:30,0 |
| 65-69 | 00:50,0 | 01:52,5 | 04:00,0 | 08:30,0 | 17:30,0 | 01:05,0 | 02:20,0 | 04:55,0 |
| 70-74 | 00:55,0 | 02:00,0 | 04:15,0 | 09:00,0 | 18:45,0 | 01:12,5 | 02:30,0 | 05:15,0 |
| 75-79 | 01:00,0 | 02:10,0 | 04:30,0 | 09:30,0 | 20:00,0 | 01:20,0 | 02:45,0 | 05:45,0 |
| 80-84 | 01:05,0 | 02:20,0 | 05:00,0 | 10:15,0 | 21:15,0 | 01:27,5 | 03:00,0 | 06:15,0 |
| 85-89 | 01:10,0 | 02:30,0 | 05:30,0 | 11:30,0 | 23:00,0 | 01:30,0 | 03:15,0 | 06:45,0 |
| 90-94 | -,-     |         |         |         |         |         |         |         |
| 95-99 | 7.7     |         |         |         |         |         |         |         |
| 100+  | -,-     |         |         |         |         |         |         | v.      |

| AG    | 20      | BREAST  |         | 20      | FLY     |         | (d)       |
|-------|---------|---------|---------|---------|---------|---------|-----------|
|       | 50      | 100     | 200     | 50      | 100     | 200     | 200 I. M. |
| 25-29 | 00:42,5 | 01:35,0 | 03:20,0 | 00:35,5 | 01:20,0 | 03:10,0 | 03:17,5   |
| 30-34 | 00:43,7 | 01:37,5 | 03:22,5 | 00:36,8 | 01:22,5 | 03:15,0 | 03:25,0   |
| 35-39 | 00:45,0 | 01:40,0 | 03:30,0 | 00:38,0 | 01:25,0 | 03:22,5 | 03:30,0   |
| 40-44 | 00:47,5 | 01:45,0 | 03:40,0 | 00:40,0 | 01:30,0 | 03:30,0 | 03:40,0   |
| 45-49 | 00:50,0 | 01:50,0 | 03:50,0 | 00:42,5 | 01:35,0 | 03:40,0 | 03:50,0   |
| 50-54 | 00:52,5 | 01:50,0 | 04:00,0 | 00:45,0 | 01:45,0 | 03:50,0 | 04:00,0   |
| 55-59 | 00:55,0 | 02:00,0 | 04:15,0 | 00:50,0 | 01:50,0 | 04:00,0 | 04:15,0   |
| 60-64 | 00:57,5 | 02:10,0 | 04:30,0 | 00:55,0 | 02:00,0 | 04:15,0 | 04:30,0   |
| 65-69 | 01:00,0 | 02:20,0 | 04:55,0 | 01:00,0 | 02:10,0 | 04:43,0 | 04:45,0   |
| 70-74 | 01:05,0 | 02:30,0 | 05:15,0 | 01:05,0 | 02:17,5 | 04:45,0 | 05:00,0   |
| 75-79 | 01:10,0 | 02:40,0 | 05:45,0 | 01:10,0 | 02:30,0 | 05:15,0 | 05:30,0   |
| 80-84 | 01:20,0 | 02:55,0 | 06:15,0 | 01:17,5 | 02:45,0 | 05:45,0 | 06:00,0   |
| 85-89 | 01:30,0 | 03:15,0 | 06:45,0 | 01:25,0 | 03:00,0 | 06:15,0 | 06:30,0   |
| 90-94 | 73.7    |         |         |         |         |         |           |
| 95-99 |         |         |         |         |         |         |           |
| 100+  |         |         |         | 83      |         |         | 63        |



**DATES** 4 September - 8 September 2018

**VENUE** KAMNIK, outdoor swimming pool

START OF THE COMPETITIONS

Depends on the date (please see the programme below).

**TRAINING POSSIBILITIES** Two days before the competition from 9:00 to 18:00.

**TECHNICAL MEETING** On 3 September 2018 at 16:00 for the officials and 17:30 for the participants.

ACCOMMODATION According to the venue we advise the teams to accommodate in **KRANJ**. To book your stay please contact us

on accommodation@emc2018.com.

## SYNCHRONIZED SWIMMING PROGRAMME AT KAMNIK OUTDOOR POOL

# Day 3 (Day 1 in Synchronized Swimming)

# Tuesday, 4 September 2018

| 13:00 | 1) Solo - Technical Routine            |
|-------|--|
| 18:00 | 2) Mixed Duet – Technical Routine      |
|       |  |
|       |  |
|       | Day 4 (Day 2 in Synchronized Swimming) |
|       | Wednesday, 5 September 2018            |
| 14:00 | 3) Duet - Technical Routine            |
|       |  |
|       |  |
|       | Day 5 (Day 3 in Synchronized Swimming) |
|       | Thursday, 6 September 2018             |
| 14:00 | 4) Team - Technical Routine            |
| 18:00 | 5) Mixed Duet – Free Routine           |
|       |  |
|       |  |
|       | Day 6 (Day 4 in Synchronized Swimming) |
|       | Friday, 7 September 2018               |
| 10:00 | 6) Duet - Free Routine                 |
| 15:00 | 7) Team – Free Routine                 |
|       |  |
|       |  |
|       | Day 7 (Day 5 in Synchronized Swimming) |
|       | Saturday, 8 September 2018             |
| 10:00 | 8) Solo - Free Routine                 |
| 15:00 | 9) Combination – Free Routine          |
|       |  |

Please note: Starting times are tentative – Will be finalized after the registrations deadline!!



**DATES** 29 August - 1 September 2018

**VENUE** JESENICE, outdoor swimming pool.

**START OF COMPETITIONS** Each day at 9:00.

**TRAINING POSSIBILITIES** Two days before the start of the competition.

**TECHNICAL MEETING** 28 August 2018 at 16:00 for the officials and at 17:30 for the participants in Ukova Swimming pool.

ACCOMMODATION According to the venue we advise the teams to accommodate in <u>BLED</u>. To book your stay please contact us on <u>accommodation@emc2018.com</u>.

In addition to swimming pool, there will be extra changing rooms and toilets provided, also two jacuzzies and a catering tent.

# **DIVING PROGRAMME (IN JESENICE – OUTDOOR POOL)**

# 29 August - 1 September 2018

| Day 1 in Diving Wednesday, 29 August 2018 - 9:00  | Day 2 in Diving Thursday, 30 August 2018 - 9:00  |
|---|--|
| 01) Springboard 3m Men (70-80+)   | 10) Springboard 3m Women (70-80+)  |
| 02) Springboard 1m Women (70-80+)   | 11) Springboard 1m Men (70-80+)  |
| 03) Springboard 3m Men (60-69)  | 12) Springboard 3m Women (60-69)   |
| 04) Springboard 1m Women (60-69)  | 13) Springboard 1m Men (60-69)   |
| 05) Springboard 3m Men (50-59)  | 14) Springboard 3m Women (50-59)   |
| 06) Springboard 1m Women (50-59)  | 15) Springboard 1m Men (50-59)   |
| 07) Springboard 3m Men (40-49)  | 16) Springboard 3m Women (40-49)   |
| 08) Springboard 1m Women (35-39)  | 17) Springboard 1m Men (35-39)   |
| 09) Springboard 3m Men (25-34)  | 18) Springboard 3m Women (25-34)   |
|   |  |
| Day 3 in Diving   | Day 4 in Diving  |
| Day 3 in Diving Friday, 31 August 2018 - 9:00   | Day 4 in Diving Saturday, 1 September 2018 - 9:00  |
| •   |  |
| Friday, 31 August 2018 - 9:00   | Saturday, 1 September 2018 - 9:00  |
| <b>Friday, 31 August 2018 - 9:00</b> 19) Springboard 1m Men (25-34)   | <b>Saturday, 1 September 2018 - 9:00</b> 25) Platform Women (70-80+)   |
| Friday, 31 August 2018 - 9:00 19) Springboard 1m Men (25-34) 20) Springboard 1m Women (25-34)   | Saturday, 1 September 2018 - 9:00<br>25) Platform Women (70-80+)<br>26) Platform Men (70-80+)  |
| Friday, 31 August 2018 - 9:00 19) Springboard 1m Men (25-34) 20) Springboard 1m Women (25-34) 21) Springboard 3m Men (35-39)  | Saturday, 1 September 2018 - 9:00<br>25) Platform Women (70-80+)<br>26) Platform Men (70-80+)<br>27) Platform Women (50-69)  |
| Friday, 31 August 2018 - 9:00 19) Springboard 1m Men (25-34) 20) Springboard 1m Women (25-34) 21) Springboard 3m Men (35-39) 22) Springboard 3m Women (35-39)                                     | Saturday, 1 September 2018 - 9:00 25) Platform Women (70-80+) 26) Platform Men (70-80+) 27) Platform Women (50-69) 28) Platform Men (50-69)  |
| Friday, 31 August 2018 - 9:00  19) Springboard 1m Men (25-34)  20) Springboard 1m Women (25-34)  21) Springboard 3m Men (35-39)  22) Springboard 3m Women (35-39)  23) Springboard 1m Men (40-49) | Saturday, 1 September 2018 - 9:00 25) Platform Women (70-80+) 26) Platform Men (70-80+) 27) Platform Women (50-69) 28) Platform Men (50-69) 29) Platform Women (40-49)   |
| Friday, 31 August 2018 - 9:00  19) Springboard 1m Men (25-34)  20) Springboard 1m Women (25-34)  21) Springboard 3m Men (35-39)  22) Springboard 3m Women (35-39)  23) Springboard 1m Men (40-49) | Saturday, 1 September 2018 - 9:00 25) Platform Women (70-80+) 26) Platform Men (70-80+) 27) Platform Women (50-69) 28) Platform Men (50-69) 29) Platform Women (40-49) 30) Platform Men (40-49)                            |
| Friday, 31 August 2018 - 9:00  19) Springboard 1m Men (25-34)  20) Springboard 1m Women (25-34)  21) Springboard 3m Men (35-39)  22) Springboard 3m Women (35-39)  23) Springboard 1m Men (40-49) | Saturday, 1 September 2018 - 9:00 25) Platform Women (70-80+) 26) Platform Men (70-80+) 27) Platform Women (50-69) 28) Platform Men (50-69) 29) Platform Women (40-49) 30) Platform Men (40-49) 31) Platform Women (30-39) |

Please note: Starting times are tentative – Will be finalized after the registrations deadline!!



# **OPEN WATER SWIMMING**

DATES 8 September 2018 for 3 km and

9 September 2018 for 5 km.

**VENUE** BLED, lake

START OF Each day at 9:00.

COMPETITION

**TRAINING POSSIBILITIES** Two days before the start of competition from 14:00 to 17:00.

**TECHNICAL MEETING** 7 September 2018 at 18:00 (or after finishing swimming) in the Marshalling area.

ACCOMMODATION We advise all swimmers to accommodate in <u>BLED</u> as it will present a central location also for the entertainment and accompanying programme.

To book your stay please contact us on  $\underline{accommodation@emc2018.com}$ .

## **REGISTRATIONS**

## **IMPORTANT DATES:**

15 January 2018 Opening of registrations (online)

**2 July 2018** Deadline for registrations

21 July 2018 Draw for Water Polo

16 August 2018 Named entries for Water Polo (15 players, 3 officials, 1 referee)

## **REGISTRATION FEES:**

20 EUR Admin fee for all participants

Additional fees apply accourding to the chosen event

## **WATER POLO:**

800 EUR Teams with refree

1000 EUR Teams without refree

## **SWIMMING:**

25 EUR Per event

45 EUR Per relay

## **DIVING:**

25 EUR Per event

## **SYNCHRONIZED SWIMMING:**

25 EUR Solo

35 EUR Duet

45 EUR Team

45 EUR Combined

## **OPEN WATER SWIMMING:**

45 EUR Per event

# **ACCREDITATIONS**

Accreditations will be available **2 days before the start** of the competition. They will be organized according to the registration numbers which will be displayed on information desk and you will be able to find the registration number out of alphabetical order.